

# resolu+ion

PHYSIOTHERAPY & IMS CLINIC



## ImPACT Concussion BASELINE TESTING

### **ImPACT is the gold standard for neurocognitive concussion testing.**

The ImPACT test (Immediate Post Concussion Assessment and Cognitive Testing) is the most widely used and scientifically validated concussion testing program available. The ImPACT test was developed by PhD Neuropsychologists in Pittsburgh, who work closely with the Pittsburgh Penguins and Steelers. Since that time, the ImPACT test has been adopted as the gold standard for most high level athletic teams in the USA, and is rapidly becoming the gold standard in Canada as well. The ImPACT test was developed to evaluate complex cognitive functions including visual and verbal memory, attention, visual motor speed, and reaction time, all of which are very important to athletic success and are often affected by a concussion.

### **What is baseline testing and how may it help get athletes back to sport faster?**

Athletes complete an ImPACT baseline test when they are injury free, establishing a baseline cognitive score. When an athlete completes a baseline ImPACT test we are able to compare post- concussion scores with their own 'normal' scores, rather than using 'average' scores taken from the general public. This allows us to more objectively determine when an athlete has recovered fully from a concussion and can safely return to sport. Many elite sporting organizations, including the NHL and NFL, have mandated that all their athletes complete pre-season baselines. Baseline ImPACT testing is an excellent way to ensure a safe and faster return to sport for all levels of athletes.



### **Team baseline testing.**

While individual testing is always available, we offer special pricing for teams. Athletes book times at their convenience and our testing is covered by many extended benefits plans. Contact us today at 705-252-5200 to book individual or team baselines.

**We offer direct billing to extended benefits plans.**

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## PHYSIOTHERAPY & IMS CLINIC

We believe that *experience matters.*

That is why we only hire highly educated, experienced Physiotherapists and are proud that our award winning team includes Physiotherapists who have Canada's highest certification in Manual Physiotherapy and Sports Physiotherapy.

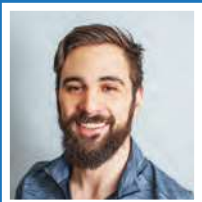
### Our award winning Physiotherapy team.



**Anthony Giorgianni**  
Registered Physiotherapist  
MCIScPT, MPT, BScKin, FCAMPT, MCPA



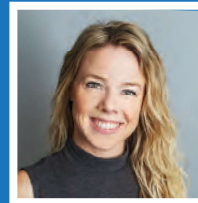
**Jeanine Ryan**  
Registered Physiotherapist  
MScPT, BScKin, FCAMPT, FDN/IMS Practitioner, MCPA



**Chris Cosby**  
Registered Physiotherapist  
MCIScPT, MScPT, BScKin, FCAMPT, ITPT, CIDN, MCPA



**Mandi Hayes**  
Registered Physiotherapist  
MCIScPT, BScPT, BScHK, Dip Manip PT, Dip Sport PT, FCAMPT, CGIMS, ITPT, Pelvic Health, MCPA



**Heather Clegg**  
Registered Physiotherapist  
MCISc, MScPT, BAKin, Dip Sport PT, FCAMPT, CMAG, MCPA



**Jennifer Duke**  
Registered Physiotherapist  
MPT, BSc Psych, IMS/Dry Needling, MCPA



**Beata Sadowska**  
Registered Physiotherapist  
BScPT, CGIMS, Pelvic Health, MCPA



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